

ABSTRACT OF THE DISCLOSURE

An archery bow includes a riser, a pair of flexible limbs extending oppositely from the riser, and an arrow rest. Each limb has a distal end. The arrow rest is mounted to the riser and defines a trajectory path for an arrow. The arrow rest includes an arrow rest platform, a first sear
5 associated with the arrow rest platform, and a second sear selectively engageable with the first sear. The first sear and second sear are automatically disengaged upon application of an impulse in a direction generally parallel to the trajectory path of the arrow.